



For Immediate Release  
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## **Zeeland Parent Inducted into the Health Champion Hall of Fame**

*Michigan Department of Education's Michigan Team Nutrition Program Recognizes Parent, Amy Scheerhorn, for Bringing Healthy Snacks to Lincoln Elementary School*

**Lansing, MI** - Amy Scheerhorn, a parent from Lincoln Elementary School, is the grand prize winner in the Michigan Department of Education's Team Nutrition Health Champion Hall of Fame. Scheerhorn was recognized for her involvement in shaping new health standards for snacks during school fundraisers and parties at Lincoln Elementary School.

Scheerhorn has helped make healthier changes in the school possible by being an active member of a parent advisory group that has implemented healthy snack alternatives in the school's snack shack. Not only is Amy recognized for standing as a strong health advocate in food programs at Lincoln Elementary School, but she also leads the "Walk It" school wide walking program, and has successfully engaged students to participate in the program events.

"With Amy's passion for building a healthy lifestyle for our youth, and support of our school, the parent advisory group was able to bring healthy snack alternatives to Lincoln Elementary food programs," said Kelly Adkins, who nominated Scheerhorn for Health Champion Hall of Fame induction. "Thanks to Amy's dedication and continuous advocating, students at our elementary school can choose nutritious snacks, and get involved in programs that promote physical activity. She not only is helping create a healthier school environment, but she is leaving a positive impact on the lives of all the students."

Because of Scheerhorn's dedication to making healthy the easy choice for students at Lincoln Elementary School and as a reward for induction into the Michigan Team Nutrition Health Champion Hall of Fame, the United Dairy Industry of Michigan has made it possible for students at Lincoln Elementary to be treated to an afternoon with Former Detroit Lions All-pro, Herman Moore. Moore will be onsite at the school on May 21, 2012 teaching students how to make a healthy "Power Smoothie" during their lunch time.

The Michigan Team Nutrition Health Champion Hall of Fame, which began in March, sought out nominations of parents who do their best to bring healthy options to students while they are at school.

"We are thrilled to honor Amy Scheerhorn as the 2012 Health Champion grand prize winner," said Nick Drzal, Michigan Team Nutrition Co-Director. "It is parents like Amy that shape a healthy future for our students, and empower the rest of the community to get involved, and become health advocates as well."

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**About Michigan Team Nutrition**

Michigan Team Nutrition is funded through a United States Department of Agriculture grant awarded to the Michigan Department of Education. It is a national initiative designed to motivate, encourage, and empower schools, families and the community to work together to continually improve school meals and to make food and physical activity choices for a healthy lifestyle. It is a team effort that involves schools, families, and the community in providing nutrition education to kids. Join Michigan Team Nutrition on Facebook [www.facebook.com/MichiganTeamNutrition](http://www.facebook.com/MichiganTeamNutrition) and follow them on Twitter at <http://twitter.com/TeamNutritionMI>

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